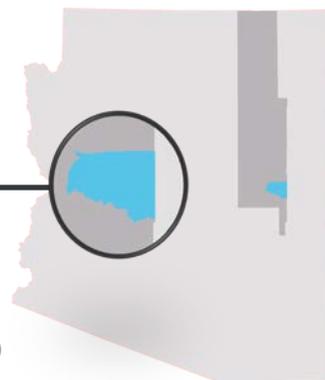


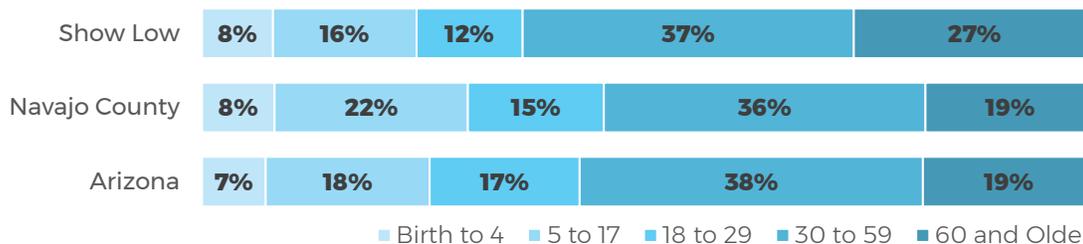
SHOW LOW

healthy starts here

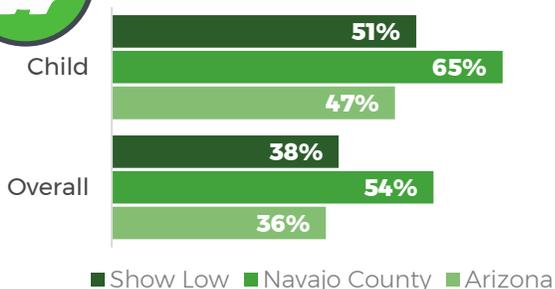


OUR COMMUNITY

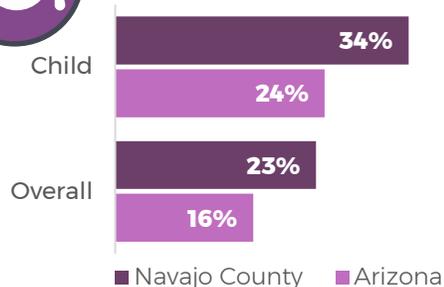
Total Population **20,006** ⁽¹⁾



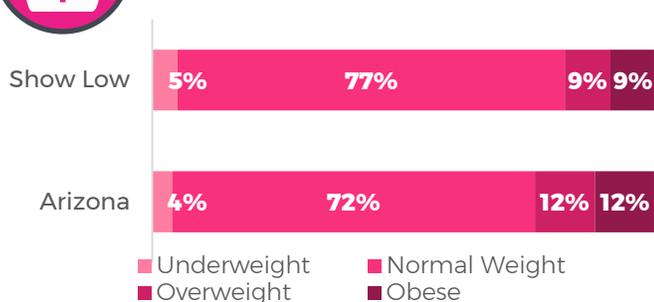
Low-income Population ⁽²⁾



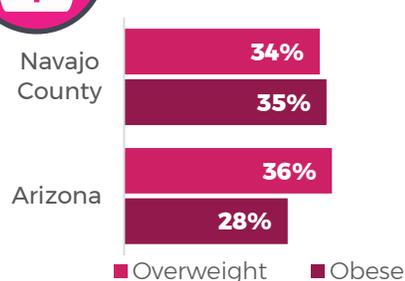
Hunger & Food Insecurity ⁽³⁾



Early Childhood Weight ⁽⁴⁾



Adult Weight ⁽⁵⁾



Ate vegetables at least 3 times and fruits 2 times daily ⁽⁶⁾

4.9% **5.1%**

Navajo County Arizona



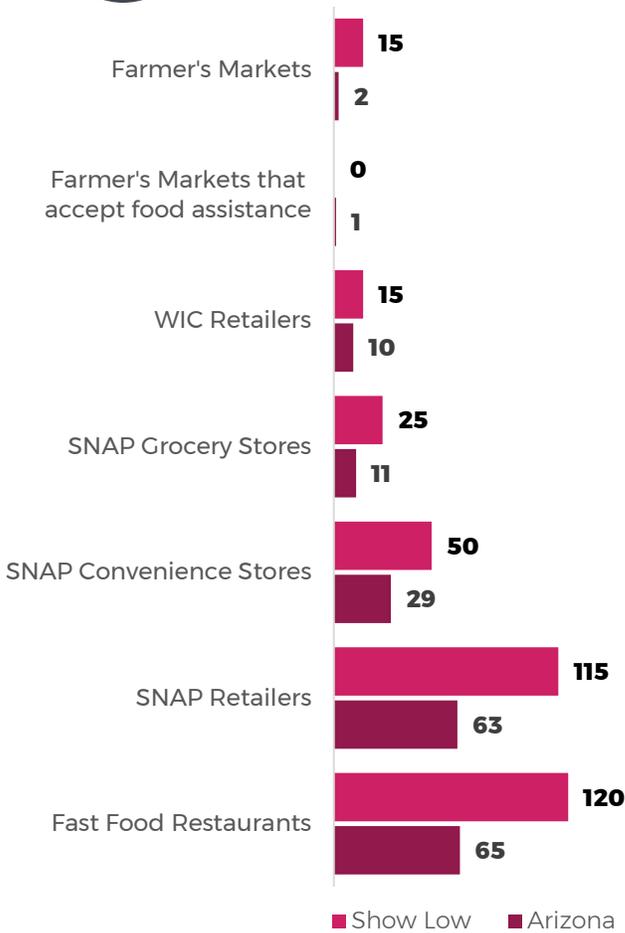
Met aerobic and strength physical activity guidelines ⁽⁷⁾

21.8% **21.9%**

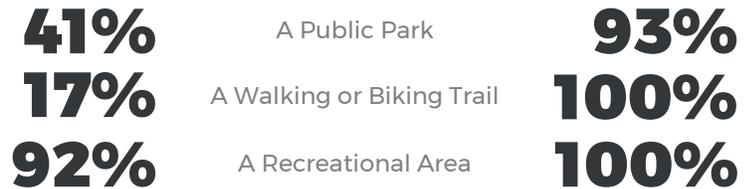
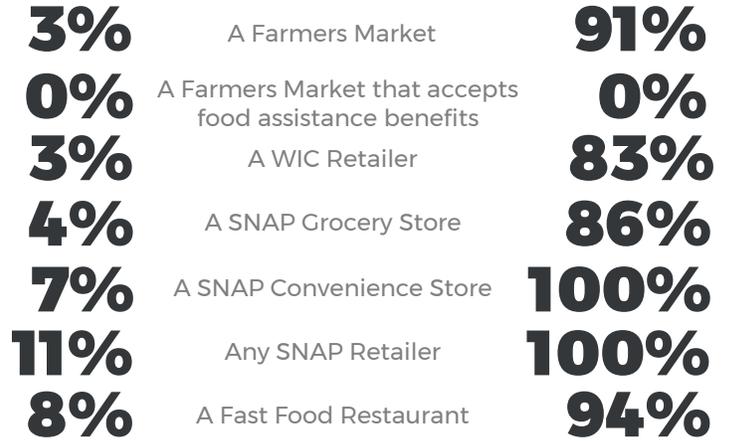
Navajo County Arizona



Stores per 100,000 people ⁽⁸⁾



% of population living within walking (half-mile) vs driving (ten-miles) distance of ⁽⁹⁾



Free or reduced priced lunches served per day ⁽¹⁰⁾

1,911

School Year

351

Summer



Households with no available vehicle ⁽¹¹⁾

4%

Show Low

9%

Navajo County

7%

Arizona

(1) U.S. Census Bureau (2010). 2010 Decennial Census
 (2) U.S. Census Bureau (2016). 2015 ACS 5-Year Estimates
 (3) Feeding America (2016). Food Insecurity in the United States. map.feedingamerica.org
 (4) (5) Arizona Department of Health Services (2017).
 (6) (7) Arizona Department of Health Services (2017).
 (8) (9) See Methodology.
 (10) Arizona Department of Education (2017).
 (11) U.S. Census Bureau (2016). 2015 ACS 5-Year Estimates

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This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP through the AZ Health Zone. This institution is an equal opportunity provider.



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