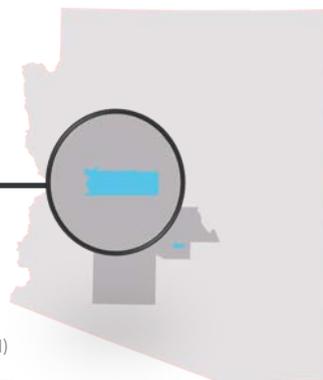


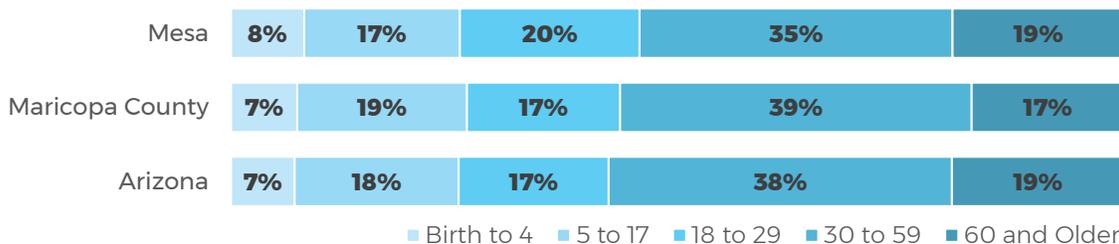
# MESA

healthy starts here

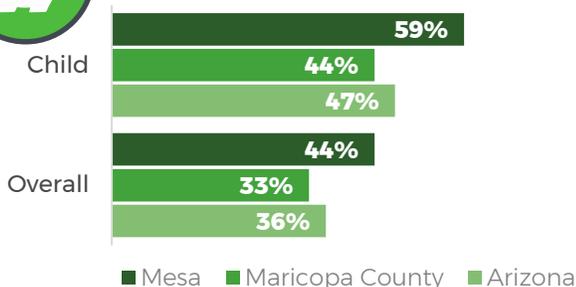


## OUR COMMUNITY

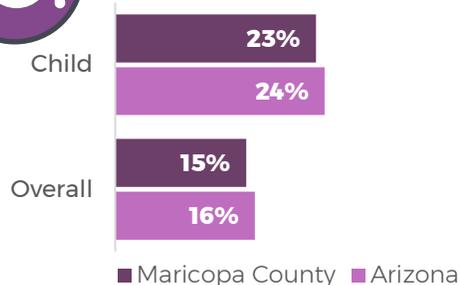
Total Population **242,463** <sup>(1)</sup>



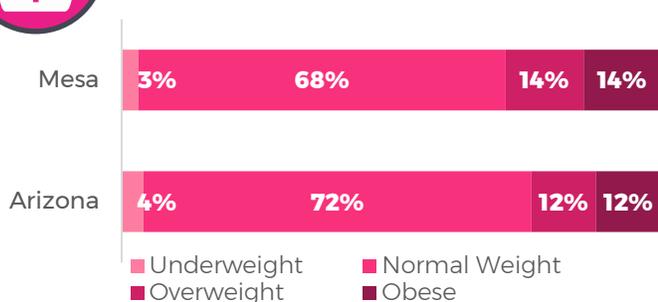
### Low-income Population <sup>(2)</sup>



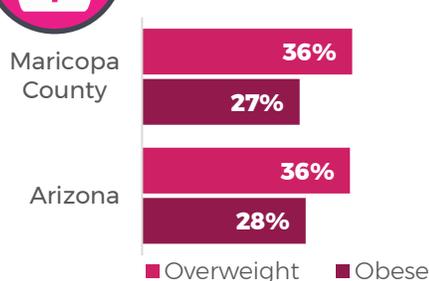
### Hunger & Food Insecurity <sup>(3)</sup>



### Early Childhood Weight <sup>(4)</sup>



### Adult Weight <sup>(5)</sup>



Ate vegetables at least 3 times and fruits 2 times daily <sup>(6)</sup>

**5.3%** **5.1%**

Maricopa County Arizona



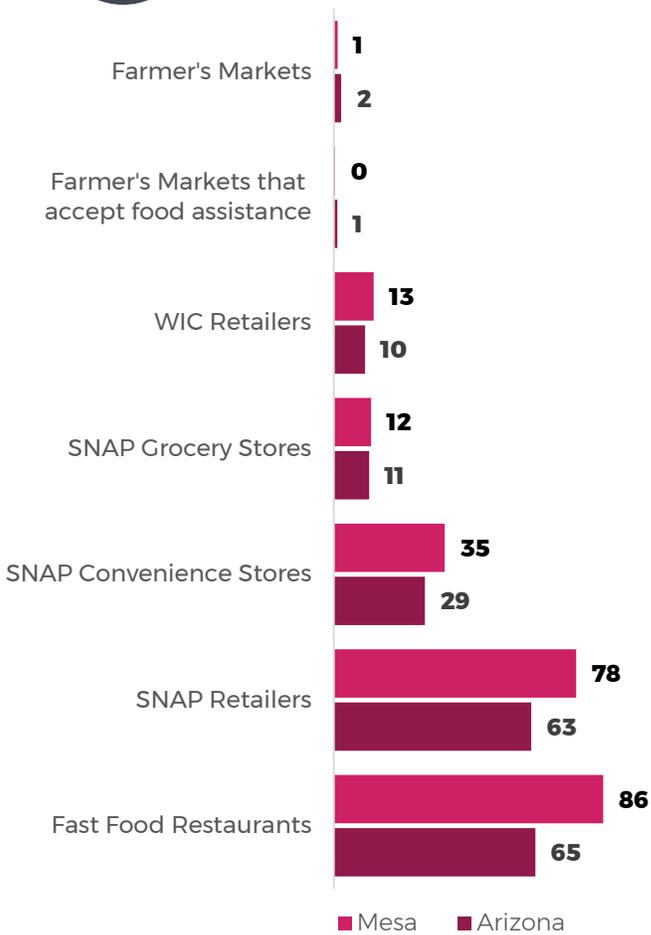
Met aerobic and strength physical activity guidelines <sup>(7)</sup>

**22.1%** **21.9%**

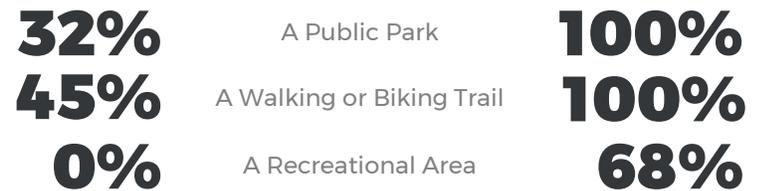
Maricopa County Arizona



### Stores per 100,000 people <sup>(8)</sup>



### % of population living within walking (half-mile) vs driving (ten-miles) distance of <sup>(9)</sup>



### Free or reduced priced lunches served per day <sup>(10)</sup>

**21,540** **4,912**  
School Year Summer



### Households with no available vehicle <sup>(11)</sup>

**10%** **7%** **7%**  
Mesa Maricopa County Arizona

(1) U.S. Census Bureau (2010). 2010 Decennial Census  
 (2) U.S. Census Bureau (2016). 2015 ACS 5-Year Estimates  
 (3) Feeding America (2016). Food Insecurity in the United States. map.feedingamerica.org  
 (4) (5) Arizona Department of Health Services (2017).  
 (6) (7) Arizona Department of Health Services (2017).  
 (8) (9) See Methodology.  
 (10) Arizona Department of Education (2017).  
 (11) U.S. Census Bureau (2016). 2015 ACS 5-Year Estimates

